

# Helena

## Lunch menu

Monday to friday  
11:30am to 2:30pm

appetizer *of the day*  
main *of the day*  
Dessert *of the day*  
**\$28**



# Helena

438, McGill street  
MontrEal (QC)  
H2Y2G1

rEservations + informations:  
**514 878-1555**

[www.restauranthelena.com](http://www.restauranthelena.com)

